IRBC Certification Level 1: Theology Exam

Please answer the following questions using Scripture and theological sources:

1. Present your understanding of the doctrine of the inspiration of Scripture, along with the implications of this doctrine for counseling.
2. Present your understanding of the doctrine of the inerrancy, authority, and the sufficiency of Scripture, along with the implications of these doctrines for counseling.
3. Describe your position on the relationship between the truths of Scripture and the insights, observations, and methods of secular psychology.
4. Present your understanding of the doctrine of the Trinity.
5. Present a biblical understanding of the doctrine of creation and its implications for understanding the counselee’s experience and your counseling practice.
6. Present your understanding of man as being made in God’s image, with attention to the relationship between the material and immaterial aspects of man.
7. Present your understanding of biblical manhood and womanhood along with its implications for the relationships between men and women in the family, church, and society.
8. Present your understanding of the doctrine of sin and its relationship to the problems that counselees confront in life.
9. Present your understanding of the Gospel, with attention to both the person and work of Christ.
10. Present your understanding of salvation, with attention to the doctrine of justification, regeneration, and conversion.
11. Describe the process of sanctification along with implications for the counseling process.
12. Defend your understanding of the work of the Holy Spirit in salvation and the implications for counseling practice.
13. Present your understanding of the doctrine of the church, along with its significance for growth in the Christian life.

IRBC Certification Level 1: Counseling Exam

1. Define the role of a mandatory reporter and describe how a mandatory reporter should respond in the disclosure of the following situations: (a) emotional abuse of a spouse, (b) physical abuse of a spouse, (c) sexual abuse of a child, disabled person, or elderly individual.
2. Briefly list and define each component of the IRBC’s seven dominant domain model.
3. Present your approach to counseling someone struggling with the assurance of their salvation, along with three passages and a brief explanation for each that you would use in counseling.
4. Present your approach to counseling someone struggling with fear and anxiety (including fear of man), along with three passages and a brief explanation for each you would use in counseling.
5. Present your approach to counseling someone struggling with depression, along with three passages and a brief explanation for each you would use in counseling.
6. Present your approach to counseling someone struggling with grief and loss, along with three passages and a brief explanation for each you would use in counseling.
7. Present a biblical definition of marriage, explaining how you would instruct both wives and husbands concerning their roles in marriage.
8. Present your approach to instructing both children and parents in their respective roles and responsibilities toward one another.
9. Present your approach to counseling a situation involving interpersonal conflict, along with the steps you would take to move the conflicted parties towards reconciliation.
10. Present your approach to counseling a situation involving anger and bitterness, along with three passages and a brief explanation for each you would use in counseling.
11. Present your approach to counseling a situation involving lust (including pornography and masturbation, men counseling men, women counseling women), along with three passages and a brief explanation for each you would use in counseling.
12. Present your approach to counseling a situation involving an affair (sexual), along with the steps you would take to move this marriage towards restoration (including helping the offended party, assessing repentance, confession, and rebuilding trust).
13. Present your approach to counseling a situation involving addictive habits (social media, alcohol, drug usage), along with three passages and a brief explanation for each you would use in counseling. Also address how you would instruct a counselee in approaching the potential physiological elements of these addictive habits.